

Monthly premium
\$0/month

PCP copay
\$0

Prescription drugs
as low as \$0

**Benefits you are
looking for.**



2024 WHA MyCare (HMO) Medicare Plan Guide



**westernhealth
ADVANTAGE**

..... **A better health plan**

WHA MyCare (HMO) Plan Guide 2024

Medical Plan Coverage		
	Monthly Premium	\$0
	Annual Part C Deductible (excluding prescription costs)	none
	Annual Out-of-Pocket Limit	\$4,000
General Care Copays		
Primary care physician (PCP)		\$0
Specialist		\$25 per visit
Telehealth		\$0 to \$35 per visit
Urgent Care		\$25 per visit
Emergency		\$90 per visit
Inpatient Care Copays		
Inpatient hospital	Days 1-6	\$265 per day
	unlimited days after that	\$0
Skilled nursing facility	Days 1-20	\$0
	Days 21-100	\$150 per day
Outpatient Care Copays		
Hospital surgery		\$250 per visit
Ambulance		\$250 per visit
Radiological diagnostic services		\$60 per visit
Diagnostic tests		\$10 per visit
Lab services		\$0
X-rays		\$10 per visit
Wellness Copays & Benefits		
Medicare-covered preventive services		\$0
Routine vision exam (vision provider/medical provider)		\$0/\$25 per visit
Routine eyewear (contact lenses, eyeglass frames and/or eyeglass lenses)		\$100 every 2 years
Routine hearing exam		\$25 per visit
Hearing Aids (two per year, fitting/evaluation)		\$699 Advanced or \$999 Premium
Preventive dental (routine exams, cleanings, x-rays)		\$0
Comprehensive dental		\$0 to \$775
Chiropractic services (annual limits apply)		\$20 per visit
Acupuncture (annual limits apply)		\$20 per visit
Fitness benefit		\$0
Meal delivery (two meals/day for four weeks)		\$0
In-home Support		60 hours per year
Over-the-counter credits		\$50 per quarter

Prescription Drug Coverage

Annual prescription drug deductible	none		
Retail (30-day supply)	30-day	60-day	90-day
TIER 1: PREFERRED GENERIC	\$0	\$0	\$0
TIER 2: GENERIC	\$5	\$10	\$15
TIER 3: PREFERRED BRAND	\$40	\$80	\$120
TIER 4: NON-PREFERRED BRAND	\$100	\$200	\$300
TIER 5: SPECIALTY DRUGS	33%	not covered	not covered

Pharmacy Benefits *OptumRx*

800.345.3189 • mywha.org/MyCareRx

Go online for details and coverage, as well as search for a network pharmacy or request a printed provider/pharmacy directory. You can also check medication cost/coverage at mywha.org/MyCareDrugList.

Mental/Behavioral Health *Optum Behavioral Health*

855.857.9748 • mywha.org/MyCareBH

Get support for diagnosis, care and treatment from qualified mental health professionals who help ensure members receive the type of assistance and care needed to relieve their concern. Create an account to view online resources and services.

Vision Care *EyeMed® Vision*

844.844.0892 • mywha.org/MyCareVision

Access to vision care is easy with EyeMed's \$0 eye exam, expanded network of thousands of regional retail locations for eye care services, and up to \$100 every two years for quality eye wear (lenses, contacts).

Chiropractic & Acupuncture *Landmark Healthplan*

800.298.4875 • mywha.org/MyCareCAM

Routine acupuncture and chiropractic services (refer to plan for number of visits and types of care). Treatment of pain including neck and back, joints, arthritis, sprains and strains.

Fitness Program *Silver&Fit®*

877.427.4788 • mywha.org/MyCareFitness

Enroll in this program to help keep your body flexible and active. Membership includes access to thousands of local and national fitness clubs, lifestyle coaching on nutrition, sleep, and more. There's also a home fitness kit to use along with thousands of workout videos.

Home Meal Service *Mom's Meals®*

888.942.4777 • mywha.org/MyCareMeals

Following a hospital (or nursing home) stay, members may have up to 56 meals (2 meals a day for 4 weeks) or weekly orders of 14 meals, up to 4 times a year delivered to their home.

In-home Support *Papa™ Pals*

855.481.8351 • mywha.org/MyCarePals

Whether you need a ride to the doctor, help managing technology, household chores support, or a workout buddy, in-home support through Papa Pals is easy to set up and schedule.

Over-the-Counter Products *Optum® Personal Care*

866.582.1043 • mywha.org/MyCareOTC

Over-the-counter (OTC) credits toward the purchase of health and wellness products through Optum Personal Care Benefits. At the start of each quarter (Jan, Apr, Jul, Oct), and depending on your plan, members receive a specified number of credits toward the purchase of OTC products.

Dental Care *DeltaCare® USA DHMO*

855.370.3653 • mywha.org/MyCareDental

Provides preventive and comprehensive dental care through Delta Dental. Dental services such as exams and cleanings have no deductible or annual maximum. Coverage for comprehensive services, including fillings, crowns, dentures and periodontal work.

Hearing Aids *TruHearing®*

855.634.5490 • mywha.org/MyCareHearing

Hearing aid services and devices are provided by TruHearing. Your plan covers two hearing aids every 12 months. Note: annual hearing exams are covered under your MyCare plan with a WHA participating provider.

Get the **Medicare Advantage** benefits you deserve from a name you can trust.

A plan that keeps care close to home.

Western Health Advantage is committed to providing personal, local care. We're based in the Greater Sacramento region, and designed and managed by local doctors. There's no impersonal third party involved with your care decisions. Just you and the doctors who know you best.

Freedom to choose.

WHA's MyCare (HMO) plan is available to Medicare-eligible residents in Marin, Napa, Sacramento, Solano, Sonoma, and Yolo County. With a WHA Medicare Advantage plan, you choose from an extensive network of trusted physicians and hospitals.

WHA's Medicare Advantage clinical provider network includes Dignity Health's Mercy Medical Group and Woodland Clinic, Hill Physicians, NorthBay Health, and Meritage. Search mywha.org/MyCareDoctors to see if your current doctor is with WHA, or select a new one. You can also find a doctor affiliated with the hospital in your neighborhood.

WHA Network Hospitals

Dignity Health

Mercy General Hospital
Mercy Hospital of Folsom
Mercy San Juan Medical Center
Methodist Hospital
Woodland Memorial Hospital

NorthBay Health

Medical Center, Fairfield
VacaValley Hospital, Vacaville

Meritage

MarinHealth Medical Center
Sonoma Valley Hospital

Providence

Healdsburg District Hospital
Petaluma Valley Hospital
Santa Rosa Memorial Hospital
Queen of the Valley Medical Center

Learn more about Western Health Advantage today!

Call us at **888.992.7494 (TTY: 711)** Mon. - Fri., 8 a.m. to 8 p.m.
year-round plus weekends during annual enrollment period (AEP)

Join us to hear about these WHA plans during one of our free online events. Choose a date and time that's convenient for you. View our full event schedule and register at choosewha.com/MAevents.

Call your authorized WHA agent to enroll.



..... **A better health plan**

You must continue to pay your Medicare Part B premium. Western Health Advantage is an HMO plan with a Medicare contract. Western Health Advantage complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.